



Press-Telegram

Successful AGING EXPO

Through the Generations

Saturday, October 5th ■ 9am-2pm
THE GRAND LONG BEACH
4101 E. Willow Street, Long Beach, CA 90815

★ ★ ★ ★ **FREE ADMISSION AND PARKING** ★ ★ ★ ★

HERE'S TO YOUR HEALTH!

Spend the day at the Successful Aging Expo and get a healthy new start.

Check out dozens of free activities, booths, seminars and screenings -- all in one convenient location.
Commit to be fit and make it a day to remember.

- ★ **40+ Exhibitors**
- ★ **Hourly Raffles**
- ★ **Entertainment**
- ★ **Activities**
- ★ **FREE Health Screenings**
- ★ **Informational Presentations**

Look for our special "Successful Aging" program in the Press-Telegram on Thursday, October 3rd with a complete list of exhibitors, scheduled events and speakers.

Check out our website where you'll find everything you need to know about this year's Expo, along with a variety of related articles on healthy living and videos of past events.

www.SuccessfulAgingExpo.com/presstelegram/